



SUMMER PROGRAMS 2021

COVID-19 POLICY & PROCEDURES

Updated May 28, 2021

The COVID-19 pandemic requires additional safety measures on the part of Glenelg Country School and its families to keep our campus safe. As we plan to work towards having summer camp programs and activities on Glenelg Country School's campus, there are many precautions in place to protect our campers and staff. The best way to keep our campus and community safe is to engage in safe behaviors on and off-campus. We will be implementing more stringent oversight and more vigorous implementation of Health Services policies, particularly concerning managing illness on campus. A tremendous amount of research, time, and thought has gone into our guidelines—including guidance from the CDC and other health authorities. This pandemic is an evolving situation, and we will continue to update our guidelines and share them with the GCS Summer in the Country community as quickly as possible as more information becomes available.

Disclaimer

COVID-19 is extremely contagious and is believed to spread by person-to-person contact; and, as a result, federal and state health agencies recommend social distancing and various other measures to mitigate the risk of contracting the virus. GCS Summer in the Country will be implementing reasonable preventative protocols, safety policies, and procedures designed to reduce the spread of COVID-19 for the 2021 camp season. GCS Summer in the Country will update and implement these safety protocols and procedures in response to new information. Despite the protocols and procedures in place to mitigate the transmission of COVID-19 on campus, there are inherent risks associated with participating in summer camp programs and activities on Glenelg Country School's campus. Those who participate in summer camp programs and activities on Glenelg Country School's campus acknowledge and voluntarily assume these risks.

DAILY SYMPTOM SCREENING

Mandatory daily symptom screening, including taking the camper's temperature, and reporting any close exposure to anyone diagnosed with COVID-19, will be completed by parents/guardians each

morning before the camper arrives on campus. If a camper comes to camp without completing the daily symptom screening, that camper will be sent home.

Random checks verifying adherence to the symptom screening process will be done daily. Additionally, campers will be randomly selected for temperature checks throughout the day. We recommend that families begin symptom screening and temperature checks at least 14 days before the start of in-person camp so that campers become accustomed to the process and ensure the child's health status before coming to campus.

Camp counselors and staff will also be asked to complete daily symptom screenings and have random temperature checks will be conducted to ensure completion.

FACE COVERINGS AND MASKS

All campers and staff are required to wear a disposable surgical face mask or cloth face covering at all times when indoors except when eating or drinking. Campers who nap (Pre-K) are not required to wear a covering or mask during nap times.

Due to new guidelines, the health committee has amended the masking policy to allow campers to be unmasked while outside. This means that during recess and outdoor activities campers will not be required to wear their masks. We do expect them to continue to socially distance and not gather in close contact for periods of time. Due to close proximity to other campers and families, students will remain masked during carpool.

- Face coverings should follow the CDC guidelines and fit snugly but comfortably against the face, reach above the nose and below the chin, be secured with ties or ear loops, include multiple layers of fabric, and allow for breathing without restriction.
- Cloth face masks should be routinely washed in a washing machine and machine-dried depending on the frequency of use.
- High-grade face coverings, such as N95 or KN95 masks, are allowed.
- Double layer gaiters will be permitted for students in the Primary Building (2-year-olds-1st grade) who are having difficulty wearing a mask. Older campers (2nd-10th grade) are not permitted to wear single layer face coverings such as neck gaiters, scarves, or bandanas.
- Wearing a face covering with a clear plastic insert to improve communication, particularly with young students or with hearing-impaired members of our community, is permitted.
- Plastic face shields may be worn in conjunction with, but not in place of, a mask. The CDC does not recommend use of face shields as a substitute for masks.
- Campers should provide their own face coverings and bring 2-3 extra face coverings to camp in the event that a face covering becomes soiled, ripped, or lost. Extra masks should be kept in a separate bag labeled with the camper's name.
- Campers are not to touch anyone else's face covering and face coverings should not be shared with friends.
- Given that outside activities are less risky than being indoors, masks may be removed during outside activities if supervising counselors feel that social distancing may be adhered to.
- Periodic mask breaks (supervised for younger campers) and the establishment of outside mask-free zones (where campers may work or relax individually) will be provided to the campers. If a

camper feels that they need to remove their mask at any time during the day, they will be escorted to one of these outside mask-free zones to provide relief.

- If a camper comes to camp without a mask, the camper's parents will be called to either bring a mask to campus for the camper or to pick up the camper from camp. If a camper comes to camp on three or more occasions without a mask, or continues to have difficulty keeping a mask on throughout the camp day, the camper may be dismissed from the program.

If campers are not familiar with wearing a mask, they should practice wearing them at home to better prepare for wearing one during summer camp.

Unacceptable Masks

- Masks with one-way valves or exhalation vents that allow air to be exhaled can result in expelled respiratory droplets. Therefore, the CDC does not recommend using masks with valves or vents.
- Single-layer face coverings such as neck gaiters are not effective and may even disperse respiratory droplets more than wearing no mask at all. Therefore, gaiters, scarves, bandanas, and masks with valves or vents are not permitted for campers in 2nd-10th grade and staff

SOCIAL DISTANCING

There will be many social distancing measures in place on campus. These measures include:

Buildings

- No parents, visitors or volunteers will be allowed on campus other than at arrival and dismissal times.
- Foot markings around campus to alert campers to the need to remain six feet apart.
- Lockers will not be used. Field trips and assembly-style forums will not take place.

Classrooms

- Per state and local guidelines, small class sizes ensure campers maintain a minimum of six feet of social distance.
- Desks spaced six feet apart, faced in the same direction, and away from other campers to limit face-to-face contact.
- Singing and performing arts may be done outside with proper social distancing measures in place (being six feet apart).
- Individual supplies will be provided to campers as needed. Shared items will be cleaned and disinfected between uses.
- Cohorted camp—the same group of campers with the same staff—to the greatest extent possible.
 - Each on-campus camp will be treated as a separate cohort.
 - Camps are hosted over two-week sessions.
 - Campers may not transfer registrations during this time period.

Food and Beverages

- Catered lunches will not be provided. Campers must bring lunch to camp. Lunch will take place outdoors (weather permitting) or in the camper's cohort classroom. Refrigeration and microwaves will not be available to camper's for lunch.
- Water fountains will not be used. Campers may carry a water bottle, refillable at designated water refilling stations.
- Individual pre-packaged snacks, provided by the camp, will be served to campers each morning.

Outdoor Spaces

- Outdoor spaces will be maximized for camp activities.
- Campers are encouraged to make use of a towel, blanket, or mat to delineate their space.
- Equipment will be cleaned regularly.

CLEANING, HYGIENE, AND VENTILATION

Cleaning

The GCS Operations team will clean/disinfect classrooms and buildings using backpack cleaning equipment/electrostatic disinfecting sprayer system.

- Classrooms and buildings will be cleaned/disinfected on a daily basis, every morning before camp begins.
- If a camper is sent home sick (unconfirmed COVID-19 diagnosis), that camper's classroom will be cleaned and disinfected. Additionally, the Health Room and isolation room will be cleaned and disinfected.
- During closures or in the event of a confirmed on-campus case of COVID-19, buildings and classrooms will be cleaned and disinfected. Cleaning and disinfecting will begin 24 hours after the building has been closed. All air handling systems will be shut down during this process. Once cleaning and disinfecting is complete, systems will be turned back on with maximal air flow and circulation.
- Bathrooms will be cleaned and disinfected on an hourly basis.
- Playground equipment will be cleaned and disinfected in between each camp/cohort use.
- Routine cleaning and disinfecting will be done in the classrooms by the camp counselors and staff using disinfecting wipes and/or Virex spray periodically throughout the day and will focus on high-touch surface areas. Shared equipment will be cleaned and disinfected in between each use.

Hygiene

Campers, counselors, and staff will perform hand hygiene upon entering and exiting any space. Hand sanitizer wall-mounts are installed in each classroom and stand-up hand sanitizer devices are at each utilized building entrance.

Ventilation

In consultation with Constellation Energy, the Operations department has completed several upgrades to the camp's HVAC systems across campus.

- In the Primary, Middle, and Upper School buildings, outside air damper settings have been increased to 35% or the maximum possible the system can handle while still conditioning the space. This setting allows additional outside air into the buildings and increases air changeover in rooms throughout the day. Additionally, air handlers and classroom units have upgraded MERV 13 air filters.
- In the Lower School's Manor House, where classrooms have independent air units, an adjustment to the amount of outside air units bring in has been completed. The upper sash of windows has been lowered to improve air change out. Some of these rooms are equipped with exhaust fans as well. Other areas are conditioned with an air handler system with upgraded MERV 13 filters. Windows can also be adjusted to increase outside airflow. All rooms in use in the Manor House will have an air purifier equipped with HEPA filters and internal UV lights.

ILLNESS ON CAMPUS

Symptoms of Illness

Campers, counselors, and staff not feeling well—including slight cold/flu symptoms—should not come to campus. There are times every summer during camp where parents give their child fever-reducing medicine in the morning before going to camp hoping that the medicine will keep the child fever-free for the day. In many of these cases, the medication wears off, and the temperature spikes, and a parent is called to take the child home. During the COVID-19 pandemic, this child has potentially infected their fellow campers and counselors. We cannot emphasize enough the importance of campers and staff remaining home when they are ill. Our fever threshold remains the same, 100° F. If a child has a temperature of 100.0°F or higher, they must remain home. If they are on campus, they will be sent home.

COVID-19 like illness includes:

Any 1 of the following:

- Cough
- New loss of taste or smell
- Difficulty breathing
- Sore throat
- Congestion/runny nose
- Fever of 100.4°F or higher
- New onset of severe headache
- Vomiting or diarrhea

If a child presents to the Health Room with one new symptom not meeting the definition of COVID-19 like illness, the child will be sent home and allowed to return when symptoms have improved and no fever for at least 24 hours without fever-reducing medication.

If a child develops symptoms of COVID-19 like illness, the camper, will be asked to leave camp as soon as possible, asked to contact their health care provider for evaluation and COVID-19 testing. The decision aid provided by MDH will determine when the person may return to camp and next steps the camp will take. A doctor's note with clearance of the COVID-19 medical condition will be required to return to school for campers, counselors, and staff, clearing for the return to school as well as clearing for participation in physical activity.

Families are asked to notify the GCS Health Services team nurses-mail@glenelg.org as soon as possible if a child has a suspected or confirmed diagnosis of COVID-19. Camp counselors and staff are asked to do the same.

Albuterol nebulizer treatments are considered Aerosol Generating Procedures (AGPs), which pose a very high exposure risk due to the potentially infectious aerosols that are sprayed into the air and throughout the room during treatment. Albuterol nebulizer treatments will be given for emergency situations only at GCS. If a child is having an asthma flare-up that may require a nebulizer treatment, the child should stay home and not come to camp. Albuterol inhalers, with or without a spacer, are still acceptable to use at camp when needed. Inhalers are not aerosol generating and do not pose a high exposure risk.

Isolation Rooms

GCS has established distinct isolation rooms in each building for those with fever, respiratory symptoms, or other possible COVID-19 symptoms. When caring for a sick camper with possible COVID-19 symptoms, camp nurses will be wearing personal protective equipment including, but not limited to, gloves, gowns, masks/N95s, eye protection, face shields, surgical caps, and shoe covers.

Picking Up an Ill Camper

Within 30 minutes of notification of illness, the camper must be picked up by a parent, guardian, or designated emergency contact. While this policy has not changed, it will be **strictly** enforced. Families should identify and designate an emergency contact before the camp season begins if a 30-minute pick-up time is not possible by a parent or guardian.

Doctor's Notes

When a camper has remained home or was sent home from camp due to any illness, a doctor's note is required to return to camp. This is a change from our standard policy of returning after 24 hours of being symptom- and fever-free or having antibiotics onboard for 24 hours (for illnesses such as strep throat or conjunctivitis).

RESPONSE TO COVID-19 CASE ON CAMPUS

Any diagnosis of COVID-19 in a camper, counselor, or staff should be immediately reported to the GCS health services team, who will inform the camp director, head of school, and the Howard County Health Department. Families will be immediately notified and asked to pick up their children. The affected building will be closed for cleaning and disinfecting. Campers, counselors, and staff from the affected camp/cohort, who are not fully vaccinated or have not been infected with COVID-19 in the past 90 days and are asymptomatic, will be asked to self-quarantine according to MDH and local guidance. A GCS camp nurse, who are trained contact tracers, will interview the diagnosed person (or with younger

campers, their family) to perform contact tracing. The nurse will contact anyone found to have had close contact (within 6 feet, for 15 minutes or more) with the diagnosed person while on the GCS campus. The diagnosed person will be directed to inform anyone they have been in close contact with off campus. A communication will be sent out to the entire camp community within 24 hours notifying them that a case has been identified on campus and that all affected cohorts and close contacts have been directed to follow local health department guidance. This communication will include a link to a FAQ document with information for those who are not close contacts but are still concerned about possible exposure. The affected building will be closed for 2-5 days for proper cleaning and disinfecting purposes.

GCS Summer in the Country reserves the right to recommend quarantine if a camper is seen in the health room who presents with symptoms highly suspicious for COVID-19, even before a confirmed diagnosis is given. These symptoms may include fever in combination with another symptom of COVID-19, or any new loss of taste or smell.

Please see **Decision Aid** for more information.

RESPONSE TO IN-HOME AND CLOSE EXPOSURES

In accordance with the CDC and Howard County Health Department guidelines, GCS will require PCR testing for all COVID related cases and return to campus decisions.

1. If a positive COVID-19 diagnosis in the household affects a family member other than a member of the GCS community, the camper, counselor, or staff member or if there is a close exposure risk to a positive COVID-19 diagnosis outside of camp within the last 10 days, GCS will require the camper, counselors, or staff member to stay home and quarantine from the date of last exposure even if they have no symptoms or they have a negative COVID-19 PCR test done during quarantine.
 - a. For a household positive COVID-19 diagnosis the date of last exposure may be the end of the positive case's isolation period as determined by the Maryland Department of Health.
 - b. If a camper, counselor, staff, or anyone in the household has been advised to take a COVID-19 test, and/or are awaiting the results of a COVID-19 test, please stay home until the test results are received.
2. If a camper, counselor, or staff member has a close contact with a person who was experiencing COVID-19 like symptoms or is living with a household member who is ill, they should initially stay home and follow these guidelines:
 - a. If the ill member of the household or close contact has a negative COVID-19 PCR test, GCS will allow the camper, counselor, or staff member to return to camp or work as long as they remain asymptomatic.
 - b. If the ill member of the household or close contact goes to their healthcare provider and receives another specific diagnosis such as flu, strep throat, etc. or their healthcare provider determines that symptoms are related to a pre-existing condition, such as allergies, asthma, etc., the camper, counselor, or staff member can return to camp or work as long as they remain asymptomatic.
 - c. If the ill member of the household or close contact does not receive a COVID-19 PCR test or another specific diagnosis like flu, strep throat, etc. from their healthcare provider,

the camper, counselor, or staff member needs to stay home for 14 days even if they have no symptoms or they have a negative COVID-19 PCR test done during quarantine.

3. If there is a household family member other than the camper, counselor, or staff member who has been identified as a close exposure contact to a positive COVID-19 diagnosis within the last 10 days, GCS will not require the camper, counselor, or staff member to stay home UNLESS the close contact develops symptoms or receives a positive COVID-19 PCR test. If the close contact receives a positive COVID-19 PCR test or develops symptoms, the camper, counselor, or staff member will be required to stay home and isolate from the date of last exposure.
4. A camper, counselor, or staff member with either an in-home or close exposure with a person who has COVID-19 like illness should inform the school through the Health Services team.
5. Campers and staff should call their primary care provider now to understand testing procedures fully. The testing procedure may vary based on provider preference and insurance carrier.

RESPONSE TO BENCHMARKS OF COVID-19 ACTIVITY

Benchmarks of COVID-19 activity in the surrounding local areas, including case rates, case rates per population, positivity rates, hospitalizations, and guidance from local health authorities, will be followed to determine whether to modify the level of on-campus activities. As additional information about transmission and effective COVID-19 treatments are determined, we expect these metrics may be updated. GCS will comply with all directives from local health authorities.

The following are current GCS benchmarks for closing camps:

Positivity Rates

Because our camp community members (campers, counselors, and staff) reside in many different counties, if 15% of our members live in counties with a positivity rate higher than 7.5%, GCS may close camps. If the positivity rates are between 5-7.5%, GCS may close camps. Should local positivity rates be below 5%, GCS will continue full in-person camp programs.

Activity of COVID-19 on Campus

- In the event of an isolated transmission, or a single case within a building, the camps or cohorts within the affected building will stay at home until a quarantine is complete. Affected buildings may close for deep cleaning.
- Should there be recurrent, isolated (several non-simultaneous) transmissions within a building, the camps or cohorts within the affected building will remain home until further notice.
- In the event of several isolated transmissions affecting more than one building, or an outbreak of several cases thought to be spread within GCS, the entire camp will close until further notice.

TRAVEL RECOMMENDATIONS

If a camper or their family is traveling, we recommend reviewing current state, local, and CDC recommendations and guidelines at www.cdc.gov/coronavirus/2019-ncov/travelers/index.html . We recommend against visiting areas where the COVID-19 transmission is high. Positivity rates are available on each state's website or on www.covidactnow.com .

Beginning on January 26, 2021, international travelers who have previously been positive for COVID-19 will need to test and/or quarantine for 10 days after exposure if it has been 90 days since being positive.

See further guidance from the CDC: Requirement for Proof of Negative COVID-19 Test or Recovery from COVID-19 for All Air Passengers Arriving in the United States | CDC

VACCINE SIDE EFFECTS

As more people receive the second dose of the COVID-19 vaccinations, there may be more people who experience mild flu-like side effects (muscle aches, fatigue, headache, chills, nausea, vomiting, or diarrhea). Since these side effects can resemble COVID-19 symptoms, we ask all campers, counselors, and staff members who receive the vaccination and develop flu-like symptoms to remain home until symptoms resolve. If symptoms persist for over 48 hours, you experience symptoms not consistent with vaccine side effects (new loss of taste or smell, cough, sore throat, runny nose, or shortness of breath), or develop a fever greater than 100°F, a doctor's note will be required to return to campus, clearing for the return to camp as well as clearing for the participation in physical activity.

Campers, counselors, and staff who have household members with flu-like symptoms caused by the COVID-19 vaccination may continue to come to campus. If household symptoms persist for over 48 hours, are not consistent with vaccine side effects (new loss of taste or smell, cough, sore throat, runny nose, or shortness of breath), or develop a fever greater than 100°F, we ask that the camper, counselor, or staff member stay home until the household member receives clearance from a doctor.

DESIGNATED COVID-19 POINT OF CONTACT

All GCS nurses (Mrs. Kaitlin Woodford RN, and Mrs. Lorie St. Cyr RN) and the GCS Athletic Trainer (Mr. Joey Sierzega, MS ACT) have completed COVID-19 contact tracing course through Johns Hopkins University and earned a completion certificate.

The nurses are the camp's COVID-19 point people. They will monitor and track cases within the GCS community, report cases to the Howard County Health Department, and triage COVID-19-related questions or concerns on campus. The health services team will defer any questions about individuals' risks or health conditions to those individual's health care providers. They may be reached at 410.531.8600 or via email at nurses-mail@glenelg.org.

DEFINITIONS

1. **Close contact** relates to exposure to individuals with COVID-19 and is defined by the Centers for disease Control and Prevention (CDC) as being within 6 feet of a person with COVID-19 for at least 15 minutes, (cumulative in a 24 hour time period), regardless of whether face coverings are being worn.
2. **COVID-19 like illness** is when a person has any 1 of the following: cough, shortness of breath, difficulty breathing, new loss of taste or smell; OR at least 2 of the following: fever of 100.4° or higher (measured or subjective), chills or shaking chills, muscle aches, sore throat, headache, nausea or vomiting, diarrhea, fatigue, and congestion or runny nose. Identification of persons with COVID-19 like illness is used to exclude persons from camp, to identify who should be tested for COVID-19, and to identify persons who may need close contacts quarantined.
3. **Isolation** is used to separate people infected with the virus (those who are sick with COVID-19 and those with no symptoms) from people who are not infected. People who are in isolation should stay home until it is safe for them to be around others. In the home, anyone sick or

infected should separate themselves from others by staying in a specific “sick room” or area and use a separate bathroom (if available).

4. **Quarantine** is used to keep someone who might have been exposed to COVID-19 away from others. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department.

This document is subject to frequent updates as new information and guidelines are provided by the CDC and Maryland Department of Health.

GCS is legally responsible to adhere to the guidance from state and local health departments as well as the Department of Education. Per state guidelines: if the number of laboratory confirmed cases of COVID-19 meets the definition of an outbreak, the response decisions, including possible classroom or school closure and recommendations for COVID-19 testing of staff and students will be made by the local health department. Outbreak status will remain in effect for a period of 14 days barring any new COVID-19 cases on campus. In the event that a new COVID-19 case appears on campus during outbreak status, the 14 day count will reset. The Maryland Department of Health defines an outbreak in any K-12 school, both public and private, regardless of size as:

1. A classroom/cohort outbreak as 2 or more laboratory-confirmed COVID-19 cases among students/ teachers/ staff with onset of symptoms or if asymptomatic, use collection dates, within a 14-day period, and who are epidemiologically linked, but not household contacts.
2. A school outbreak as 3 or more classrooms or cohorts with cases from separate households that meet the classroom/ cohort outbreak definition that occurs within 14 days.
3. OR 5% or more unrelated students/ teachers/ staff have confirmed COVID -19 within a 14- day period (minimum of 10 unrelated students/ teachers/ staff).

FREQUENTLY ASKED QUESTIONS

WHAT ARE THE CAMP HOURS?

9:00 am–3:30 pm. There is no Extended Day or group swim lessons. Campers will be dropped off and picked up at their assigned building. All campers must arrive between 8:40 – 9:00am. Campers should remain in vehicles until instructed to enter the building. Visitors and volunteers, including parents, guardians, caregivers, family members, etc., are not permitted in campus buildings. Campers should be picked up between 3:25-3:45 pm. Campers not picked up by 3:45 pm will be charged a \$25 late fee per camper each time. If you are late more than once over the course of the summer, your child may be suspended or dismissed from the program.

Campers will remain with their camp cohort throughout the day, following social distancing guidelines. Cohorts will utilize outdoor facilities as much as possible. Social distancing measures in buildings and classrooms include proper spacing of desks, tables, chairs, and teaching areas, signage, and directional markers.

DOES MY CHILD NEED TO BRING LUNCH OR SNACKS?

Campers must bring their own lunch, as there will be no catered lunch. Campers will eat lunch outside or in their assigned classrooms. Snacks will be provided by the camp. The snacks will be individual and pre-packaged. Campers should bring a water bottle, labeled with their name. Re-fill water stations will be available on campus.

DOES MY CHILD NEED TO WEAR A MASK OR FACE COVERING?

Campers are required to provide and wear their own face covering or mask while on campus. Please refer to Face Coverings and Masks policy on for specific guidelines. Masks that have any words or that promote a political agenda/person/group are not permitted. Masks with age-appropriate designs (cartoon characters, etc.) may be allowed.

WHAT COUNTS AS AN ACCEPTABLE MASK?

The minimum standards for a mask are it should:

- Reach above your nose and below your chin
- Fit snugly against your face at the top, bottom and sides
- Be made of multiple layers of fabric (preferably cotton if the mask is cloth)
- Made of a material that can withstand the washing and drying cycle of normal household laundry if not disposable

CDC Guidance on Masks www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html

Surgeon General Demonstrates How to Make a Face Mask from a T-shirt

www.youtube.com/watch?v=tPx1yqvJgf

There are also many YouTube videos that demonstrate how to sew a homemade mask.

HOW DO I PUT ON AND TAKE OFF MY MASK?

To put on your mask:

- Wash or sanitize your hands before putting on your face covering
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Avoid touching your face or the outer portion of the mask while wearing mask

To safely remove your mask:

- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together
- Place coverings in the washing machine (or in a plastic bag for later laundering)
- Be careful not to touch your eyes, nose, and mouth when removing
- Wash or sanitize hands immediately after removing mask

HOW DO I CARE FOR MY MASK?

Cloth masks should be washed daily. Disposable masks should not be reused for multiple days. It will probably be simpler to have several cloth masks that you can easily rotate through so that each day your camper will have a clean mask to wear every day. Alternatively, disposable masks can be used. It will be helpful to have at least one to two extra masks in camp every day so that you have a back-up.

WHAT IF A CHILD IS ANXIOUS ABOUT WEARING A MASK?

We recommend that families prepare for camp by having their children practice wearing a mask. One easy way to normalize wearing a mask is for parents and children to wear the masks together for example, on a walk together outside. Another thing that can make the mask more appealing is to find masks that have a theme that the child likes, such as unicorns, superheroes, or a cute animal. Being anxious about wearing a mask will not be an excuse for not wearing one. Campers 5 years old and under will not be required to wear a face mask or cloth face covering during nap times. Outside mask breaks and the establishment of outdoor mask break zones will be provided to campers periodically throughout the day. If campers feel they need to remove their mask at any time during the day, they can be escorted to one of these outside mask break zones to provide relief.

WHY ISN'T GCS PROVIDING LUNCH THIS YEAR?

The CDC has recommended that campers bring their own food and eat food in classrooms instead of in a communal dining hall or cafeteria to lower the risk of transmission. Since transmission is thought to be at least in part via droplets, having food preparation and service on campus increases the risk of transmission. Further, food service on campus requires Glenelg Country School to contract with service providers whose workers would be coming onto campus daily. Practically speaking, GCS has determined that the resources and risks involved with providing a daily lunch do not balance the risks, so GCS is asking campers to bring lunches from home. Lunches will be eaten outside or in rooms with social distancing measures in place since campers will have to remove their masks to eat.

- www.cdc.gov/coronavirus/2019-ncov/community/camps-childcare/camps.html

WHY DOES MY CHILD HAVE TO GO TO THE BATHROOM AT A CERTAIN TIME?

The CDC recommends avoiding mixing campers in common areas to lessen the risk of potential exposure or spread of infection or germs. This means that your child's camp should remain together as much as possible, in a cohort. For bathroom use, we want to avoid taking multiple camps to the bathrooms at once. Instead, your child's camp will be going as a group to the restrooms and proper cleaning and disinfecting will be done in between cohort bathroom use or every hour.

WHY ARE CAMPS TAKING PLACE OUTSIDE?

Weather permitting, being outside decreases COVID-19 spread, making it a safer alternative to indoor classrooms.

WHY ISN'T GLENELG COUNTRY SCHOOL JUST TESTING ALL CAMPERS, FACULTY AND STAFF BEFORE LETTING THEM ON CAMPUS?

While screening campers, faculty and staff for COVID-19 before allowing them to enter campus sounds appealing, current tests (nasopharyngeal swab PCR) vary in their ability to detect COVID-19; some are only 85% sensitive. Also, some infected people do not have detectable levels of virus for several days after infection but will still go on to become ill and infect others. Furthermore, since our campers and staff are not quarantined on campus, they can be exposed as soon as they leave campus, and it is not logistically possible to test everyone every day or even every week throughout the camp season. We don't want a negative test to provide a false sense of reassurance; we believe it is more effective to focus on strict social distancing, both before the 2021 camp season begins and throughout the camp season. We are requiring evaluation by a health care provider (which will likely include testing) for any symptoms suggestive of COVID-19 or any exposure to COVID-19.

www.cdc.gov/coronavirus/2019-ncov/community/colleges-universities/ihe-testing.html

This document is subject to frequent updates as new information and guidelines are provided by the CDC and Maryland Department of Health.